

Adult Special Interest

Beginning Journeys in Watercolor Painting

Embark on this inspiring trip in watercolor painting! This class of beginning instruction covers the basics and through personal observation and practice, you'll learn the mainstay watercolor techniques of wet-on-dry glazing and wet-on-wet washes. By the end of the class session, you'll have created your own personal project(s). Instructor: Clyde San Juan

•The instructor will email a suggested supply list before the first class.

•This class will be in line with Public Health regulations in effect at the time to provide a safe experience. For more information call the Recreation and Community Services Department at 562-866-9771 ext. 2408.

•No class December 23.

20992	Th	1:30pm-3:00pm	9/30-10/21	CTR	\$80/4 Mtgs
21003	Sa	11:45am-1:15pm	10/2-10/23	CTR	\$80/4 Mtgs
21000	Th	1:30pm-3:00pm	10/28-11/18	CTR	\$80/4 Mtgs
21004	Sa	11:45am-1:15pm	10/30-11/20	CTR	\$80/4 Mtgs
21005	Sa	11:45am-1:15pm	11/27-12/18	CTR	\$80/4 Mtgs
21001	Th	1:30pm-3:00pm	12/2-12/30	CTR	\$80/4 Mtgs
21002	Th	1:30pm-3:00pm	1/6-1/27	CTR	\$80/4 Mtgs
21006	Sa	11:45am-1:15pm	1/8-1/29	CTR	\$80/4 Mtgs

Survive for 7 Disaster Planning Program

Is your family prepared for a major disaster?

Having food, water and shelter for seven days is the standard for personal and family disaster survival.

Lakewood's "Survive for 7" disaster planning

program educates residents about emergency preparedness and offers the skills they might need to survive in the first week following a catastrophe.

Do you know what to do? Do you have a plan? Fire, police and emergency medical services may be delayed in responding. You need to learn what to do. Have a plan and be prepared to take care of yourself, your family and your community.

Sign up to learn the basics of preparing for emergency situations.

21194 Tu 6 – 8:30 p.m. 10/12 BCC Free



www.lakewoodcity.org/7days

CERT

We are currently working with the Los Angeles County Fire Department in finalizing dates to once again host the CERT program. Please use the County information at the bottom of this page for updates.



The Community Emergency Response Team (CERT) program is 21 hours of FREE classroom instruction and hands-on training, taught by FEMA Certified CERT Instructors in conjunction with Los Angeles County Fire and Sheriff's Department personnel. It is broken up into the following units:

- ✓ Disaster Preparedness
- ✓ Disaster Fire Suppression
- ✓ Disaster Medical Operations I
- ✓ Disaster Medical Operations II
- ✓ Light Search and Rescue Operations
- ✓ Disaster Psychology and Organization
- ✓ Terrorism
- ✓ Course Review and Disaster Simulation Exercise

Following a major disaster, first responders who provide fire and medical services will not be able to meet the demand for those who need help. Factors such as number of victims, communication failures, and road blockages will prevent people from accessing emergency services they have come to expect at a moment's notice through 911. The CERT program is about community readiness, people helping people, rescuer safety and doing the greatest good for the greatest number of people. CERT is a positive and realistic approach to emergency and disaster situations where community members will be initially on their own and their actions can make a difference!

The course is traditionally held on three consecutive days – Friday evening, all day Saturday and all day Sunday. Dinner is served on Friday evening and lunch breaks are given on Saturday and Sunday. You must attend all three sessions to receive your CERT certification. Participants must be at least 18 years old. Pre-registration is required for this course. For more information or questions about the Lakewood CERT program and future courses in Lakewood please contact Public Safety CERT Coordinator Yvonne Galan.

Yvonne Galan: (562)866-9771, extension 2136
CERT email: LakewoodCERT@lakewoodcity.org

Fees listed represent the registration cost for Lakewood residents. Non-residents should refer to the chart on page 38 for additional fees.